

Saint Anthony's High School 45th Annual Cross Country Invitational

Date: Friday, October 2, 2015
Place: Sunken Meadow State Park, Kings Park, Long Island, New York

Distance: All races are 5K (3.1) Miles , except the Frosh Races (1.47 miles)

Time Schedule:

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| 1 | 4:00 PM | Boys Catholic Middle School Athletic Association Race |
| 2 | 4:15 PM | Girls' Catholic Middle School Athletic Association Race |
| 3 | 4:30 PM | Boys' Freshmen Race |
| 4 | 4:45 PM | Girls' Freshmen I Race |
| 5 | 5:05 PM | Boys' Varsity Race |
| 6 | 5:35 PM | Girls' Varsity Race |
| 7 | 6:10 PM | Boys Junior Varsity Race |
| 8 | 6:40 PM | Girls Junior Varsity Race |

You must submit your team roster to: <http://www.just-in-time-racing.com/>

SANCTIONS: This Invitational will be held under the rules of the National Federation. We have applied for sanctions from Connecticut, New York, PSAL, New Jersey, North Carolina and NYSCHSAA.

******* Awards: ALL FINISHERS WILL RECEIVE A SAINT ANTHONY'S INVITATIONAL PATCH**

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|------------------|---|
| T-shirts: | Top 3 Boys' and Girls' Varsity teams and their coach |
| Plaques: | Top 3 teams in all Varsity Races. Medals (7) for the winning teams
2 Harry Crooke Memorial Plaques will be awarded to the male and female with the best time of the day.
Top team in the Junior Varsity and Freshman Races. |
| Medals: | Top 50 in all races |

Entry Fee: \$40 per team (of seven) per school - maximum \$200 for boys and \$200 for girls.
\$10.00 per individual entry. Make checks payable to: Saint Anthony's HS

Entry Due Date: Entries must be received by September 23, 2015. Earlier entries are appreciated.
Please include check or purchase order form and/or P.O. number.

Mail Above To: Donal Buckley
Saint Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394

Entries May Be Faxed To: 631-549-0620

Team Rosters: You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax)

Questions: Call Saint Anthony's High School at 631-271-2020, extension 229.

Short sleeve tee shirts (\$10) and long sleeve tee shirts (\$15) will be on sale at the Invitational.

SAINT ANTHONY'S HIGH SCHOOL CROSS COUNTRY INVITATIONAL ENTRY FORM

You must submit your team roster to: <http://www.just-in-time-racing.com/> (do not fax

School: _____ Coach's Name: _____
Address: _____ Coach's Phone # _____
Town: _____
School Phone: _____ A.D.'s Name: _____

PLEASE NOTE: **The top seven (7) fastest individuals are your Varsity Runners**
NO JUNIOR VARSITY ENTRIES ARE PERMITTED UNLESS A VARSITY TEAM HAS ALSO BEEN ENTERED.

No. of Boys Teams _____ No. of Girls Teams _____

A team consists of 7 runners. If you have 21 freshmen runners that counts as 3 teams.

Boys Varsity @ \$40.00	_____	Girls' Varsity @ \$40.00	_____
Boys Junior Varsity @ \$40.00	_____	Girls' Junior Varsity @ \$40.00	_____
Boys Freshmen @ \$40.00	_____	Girls Freshmen @ \$40.00	_____
Individual Boys @ \$10.00	_____	Individual Girls' @ \$10.00	_____

Total Number of Boys Teams _____
Total Number of Girls Teams _____

TOTAL ENTRY FEE ENCLOSED/OWED: _____ X \$40.00/Team Total = _____
TOTAL Individual FEE _____ X \$10.00/Individual Total _____

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(Maximum Entry Fee - \$200 for boys & \$200 for girls) _____

Include Check and/or Purchase Order with Entry - Entries must be postmarked by September 23, 2015

Please make checks payable to Saint Anthony's High School.

Mail Entries To: Mr. Don Buckley
St. Anthony's High School
275 Wolf Hill Road
South Huntington, New York 11747-1394